

Efni: Umsögn Buck Angel um um frumvarp til laga
um breytingu á almennum hegningarlögum nr. 19/1940, með síðari breytingum
(bælingarmeðferð), þskj. 45, 45. Mál

Testimony from Buck Angel a Sixty year old Transsexual man who transitioned thirty years ago in Los Angeles California USA

To Alþingi, the Icelandic Parliament .

I am concerned with the new Bill 45 -Conversion Therapy bill you are looking to pass. At face value this looks like a good idea to help LGBT people when in effect it is actually against LGB people and favors only Transgender people.

Why do I say this? As a biological female who transitioned to live male because of my severe gender dysphoria I went through a rigorous mental health system that questioned me and pushed back on me. The reason why was to make sure that I was making the correct choice in a decision left up to me as an adult not a child. Therapy is a place to have an exploration not affirmation.

Today in the United States we have affirmation therapy which is because of a bill called Anti conversion therapy that only applies to transgender people. Meaning no questions asked if a person says they are trans then they are trans,

This is such a dangerous and unethical bill. What if this person is dealing with trauma amongst many other mental health disorders? How do we know whats really happening if a therapist cannot ask questions?

Gender dysphoria is very vast and can come in all shapes and sizes. As well many gay people deal with some issues of such but does not make them transgender. A bill like this can convert gay people into transgender people if no questions are asked. The harm being done to people in the USA because of this same bill will do the same in Iceland.

Today in the USA we have thousands of detransitioners. Why? Because no one asked questions they just affirmed these people as trans because they said they were. I have never looked back and my therapy consisted of asking many questions for over two years before I got hormones and surgery.

Do you want this to happen to many young people in Iceland who are already confused? Do you want a large detransitioner group of people who will struggle on a different level and who will be help accountable for this? The lawsuits are already staring in the USA from the detransition group.

<https://womensliberationfront.org/supporting-detrans-women>

I urge you to reconsider this bill as it will hurt so many people including transgender people more than it will ever help.

Please do the right thing.

Thank you,

Mr. Buck Angel